



ANNABEL ADAMS

Godolphin Flying Start Trainee
2022-2024

Information



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Social



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PROFILE

I am from a family that have been involved in racing for generations which has nurtured a deep passion and motivation to pursue a career in the industry. I graduated from Lincoln University with a Bachelor of Commerce majoring in Agriculture and since then have spent time in foreman roles for notable trainers Tony and Lyn Prendergast at Zetland Lodge and Stephen Autridge and Kris Shailer at Valachi Racing. I have a particular interest in the training and bloodstock sectors of the racing industry and intend to focus on these whilst on the Godolphin Flying Start programme.

EDUCATION

Godolphin Flying Start / 2022 - 2024

Godolphin Flying Start is a two-year full-time management and leadership programme that specializes in the international Thoroughbred racing and breeding industry. It is accredited by the University College Dublin and trainees gain experience in Ireland, Australia, USA, UK and the UAE.

Lincoln University – New Zealand / 2017 - 2019

Bachelor of Commerce (Agriculture)

EXPERIENCE

Valachi Racing – Waikato, New Zealand / Travelling Foreman / 2021 - 2022

- Exercising rider – slow work, schooling, timed pace work, barrier education, retraining
- Assisting with vet work
- Race day – travelling, preparing and presenting racehorses to a high standard
- South Island Trip – Solo 6 weeks away with four horses gaining a Group 3 win

Zetland Lodge- Canterbury, New Zealand / Foreman / 2014 - 2016

- Managing, training and mentoring a small team of staff
- Exercise rider – slow work, schooling, pace work, breaking, backing, barrier education
- Race day – travelling, preparing and presenting racehorses
- Communicating with existing and potential stakeholders

ACHIEVEMENTS

Lincoln University 2019
BACHELOR OF COMMERCE
(AGRICULTURE)

Netball
CANTERBURY REPRESENTATIVE
LINCOLN UNIVERSITY – PREMIER A

NZEF 2011
NZ DRESSAGE REPRESENTATIVE

SKILLS

HORSEMANSHIP

SOLUTIONS
FOCUSED

BEST PRACTICE
MANAGEMENT

EFFECTIVE
COMMUNICATOR

TEAM
PLAYER

REFERENCES

Mr Stephen Autridge
Trainer, Valachi Racing
Stephen.a@valachidowns.co.nz

Ms Lyn Prendergast
Trainer, Zetland Lodge
lynzetland@xtra.co.nz

Ms Clodagh Kavanagh
Kildangan Stud, Co Kildare
Ireland
ckavanagh@godolphinFlyingstart.com

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Godolphin Flying Start

GODOLPHIN FLYING START EXTERNSHIPS

USA

Australia

Europe

INTERESTS

- GLOBAL THOROUGHBRED INDUSTRY
- THOROUGHBRED REHOMING
- AGRICULTURE
- NETBALL
- EVENTING
- INTERNATIONAL TRAVEL